

RAW MEAT DIET WITH BONES

5 pounds frozen chicken, turkey, rabbit: ground with bones and organs or fresh chicken legs and thighs that you will grind
8 ounces of Raw Chicken liver
5 Egg Yolks
5000 mg Salmon Oil
5 capsules of Raw Adrenal
800 IU Vitamin E
200 mg Vitamin B Complex
6000 mg Taurine
2 1/2 Teaspoons of "lite salt"
2 1/2 Teaspoons of "Kitty Bloom Supplement" Kalac M34
6 Teaspoons of "Kitty Bloom Supplement" VM900+3
2 cups water
I put the B-Complex capsules and the powder into 1 cup of hot water along with salmon oil and E.
Add water mixture with supplements and eggs to meat. Package in plastic containers and freeze.
I use Rubbermaid "Take Along" containers.

The packaged raw meat diet will keep in the refrigerator for two days.

You can order the supplements online from stores like www.iherb.com
"Kitty Bloom" comes from <http://www.dogbloom.com/feline/products.html>
Wal-Mart sells 10lbs of thighs and legs for \$6.95, Other stores run a little higher.

Each container contains 2 days of Raw Food and will keep in the refrigerator for 3 days once defrosted. Kittens should receive 2 servings per day, a morning feed and an evening feed. Dry food should be left out at all times. The dry food I am feeding is a grain free low carb holistic brand called "Wellness Core". Please go to the "Wellness" website to locate a pet store near you that sells this brand. <http://www.wellnesspetfood.com>

1. Defrost one container of raw food (each tub contains 4 servings).
2. Measure out one 1/4 cup and place into freezer baggie (serve #1 in the A.M. & #1 in the P.M.).
3. Fill sink or jug with HOT water and warm to body temperature. Do not warm in a microwave as this will cook the food and destroy all of the nutrition. Raw Food should be fed **"RAW"** to get the most nutrition and benefit from the food.
4. Once warmed, open bag, pour into a ceramic bowl, and serve. If all food is not eaten within a 2 hour period please remove and throw away.
5. Leave dry food down at all times. Also, remember to have plenty of fresh water available at all times.